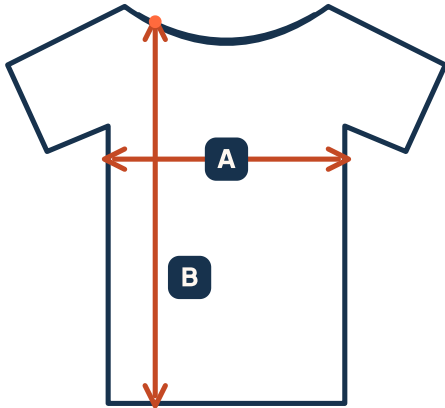


Unisex T-shirt size chart ♦

Garment measurements, S to 5XL, to compare with a shirt you already like.



Measure a shirt that fits

- 1 Lay it flat and smooth it out without stretching.
- 2 **A · Pit to pit:** straight across, armpit seam to armpit seam.
- 3 **B · Length:** from the highest point of the shoulder, by the collar, down to the hem.
- 4 Match both numbers to the chart. Double A for the chest around: **20 in flat = 40 in around.**

Unisex Heavy Cotton Tee (Gildan) · 5.3 oz/yd² · classic fit · garment laid flat, not your body

SIZE	A · PIT TO PIT	B · LENGTH	CHEST AROUND A × 2
S	18 in 45.7 cm	28 in 71.1 cm	36 in 91.4 cm
M	20 in 50.8 cm	29 in 73.7 cm	40 in 101.6 cm
L	22 in 55.9 cm	30 in 76.2 cm	44 in 111.8 cm
XL	24 in 61 cm	31 in 78.7 cm	48 in 121.9 cm
2XL	26 in 66 cm	32 in 81.3 cm	52 in 132.1 cm
3XL	28 in 71.1 cm	33 in 83.8 cm	56 in 142.2 cm
4XL	30 in 76.2 cm	34 in 86.4 cm	60 in 152.4 cm
5XL	32 in 81.3 cm	35 in 88.9 cm	64 in 162.6 cm

Allow ±1 in (2.5 cm). Garment measurements can vary by up to 1 inch.

Between two sizes? Compare length too. Larger for a relaxed fit, smaller for a closer fit.

Does cotton shrink? ♦

Yes, it can. How much depends on the garment and on your laundry routine.

How much? **It depends.**

No single percentage fits every cotton tee. The change depends on the exact garment and how you wash and dry it.

What changes the result



Water

Lets the knit relax and move.



Heat

High heat makes the result less forgiving.



Agitation

Rubbing and tumbling help the fabric move.



Drying

Can set the tee into a slightly different shape.



How it was made

Yarn, knit and finishing all change the outcome.



Wash history

The first washes tell you the most.

Before you size up

- ♦ Start with the fit you want: close, standard or relaxed.
- ♦ Compare a shirt you like with the exact product size chart.
- ♦ Check the color you're ordering — composition can differ.
- ♦ Treat "one size up" as a fit choice, not a rule.

To keep the fit

- ♦ Wash cold when the care label allows it.
- ♦ Use a gentle cycle; skip extra agitation.
- ♦ Avoid high dryer heat; take the tee out promptly.
- ♦ When in doubt, pick the gentler drying option.

"Pre-shrunk" describes a process that reduces some change before sale. It is not a promise the shirt will never change again.

How to wash a graphic tee ♦

Less heat and less rubbing protect the print. A simple four-step routine.

1 · BEFORE

Prep the shirt

- Read the care label
- Turn it inside out
- Keep zippers and rough items out

2 · WASH

Cold and gentle

- Cold water, gentle cycle
- Mild detergent
- Leave room in the drum

3 · DRY

Low or no heat

- Air dry when convenient
- Or tumble dry low, if allowed
- Skip high heat

4 · AFTER

Store with care

- No direct iron on the print
- Fold or hang once fully dry

Care for our Classic Tees

Printed direct-to-garment with water-based ink. Care steps as printed on our Classic Tee product pages.

- | | |
|--|--|
| ☒ Machine wash cold, inside out, with similar colors | ☒ Use a mild detergent |
| ☒ Tumble dry low or hang dry | ☐ Do not bleach |
| ☐ Do not iron directly on the print | ☐ Do not dry clean |

Why prints wear

- Hot washes and high dryer heat add stress.
- Rubbing against the drum, rough fabric or hardware.
- Harsh cleaning products make care less forgiving.

Already peeling?

- Don't pick, scrub or heat-fix it.
- Take a photo and note how often it was washed.
- Contact the seller if it happened early.

Your shirt's own label comes first. Other print methods and brands can need different care.

Cotton vs. performance shirts ♦

No universal winner — match the shirt to how you'll wear it.

Quick answer

Casual, design-led wear: start with cotton. Repeated sweating or faster drying: compare shirts with a documented blend or moisture-management technology.

COTTON · START HERE FOR

Everyday, design-led wear

- ♦ Naturally breathable, absorbent and soft.
- ♦ Absorbs moisture fast — and may hold more of it than synthetics.
- ♦ Engineered cotton treatments can change how it dries.

Example: Gildan G5000 Heavy Cotton is 100% U.S. cotton in solid colors; some heathers and greys are cotton-poly blends. Our Unisex Heavy Cotton Tee: 5.3 oz/yd².

vs

PERFORMANCE · COMPARE FOR

Activity and quick drying

- ♦ “Performance” is a label, not one fabric recipe.
- ♦ Polyester is lightweight and quick-drying; it is often blended with cotton.
- ♦ Named technologies make their own claims — apply them only to that shirt.

Example: Gildan G8000 DryBlend is 50% U.S. cotton and 50% polyester, with moisture-wicking fabric for active use.

Check before you buy

1

The exact style or model

2

The selected color's fabric

3

How you'll wear it

4

Any named technology

5

Missing details stay unknown

Color can change the fabric. Within one model, different colors can use different cotton-poly ratios — read the row for your option.

Sources cited in the full guide: CottonWorks, Patagonia, Gildan (G5000, G8000).